#### Site

**HMP** Wealstun

## Name of project / initiative

**Catering Projects** 

### Overview

Wealstun have an extensive range of catering-related projects. Novus run a popular staff mess, on a not-for-profit basis, with the prisoners involved offered a range of catering and hospitality training and qualifications. The Clink charity run a "commercial catering" programme, offering training up to Level 2 as a "production chef" (relevant to working in settings such as schools, pubs and fast food outlets), with a Clink resettlement worker working with graduates for a full year to help them find suitable employment on release.

The charity Food Behind Bars provide advice and guidance on healthy eating, as well as recipes for a health choice option on the prison menu, and run cookery classes for the men (with the produce sold in the staff mess). And the prison's Farms and Gardens grow a range of produce used to supplement the prisoners' diet.

### **Benefits**

Between them, these various initiatives help to improve the diet of prisoners in the jail, while also offering industry-relevant training and qualifications, and helping to improve employment opportunities on release – as well providing staff with a mess, where they can buy food and coffee, and eat in comfort away from the wings, without needing to leave the jail.

# What's special about it?

As set out above, these various catering-related initiatives provide a range of benefits to both prisoners and staff.

### Wider applicability

All of these initiatives could be rolled out more widely, although a mess does require a suitable space, and may have some initial set up costs.

### For more information:

Contact: Head of Reducing Reoffending / Head of Residence

See also: KnowX.uk/Wealstun-RMT22.pdf (images)

### Submitted by:

The Governor