North East NPS (Northumbria)

Name of project / initiative

Rebuilding Lives

Overview

Rebuilding Lives is part of the Offender Personality Disorder (OPD) pathway in Northumbria, jointly delivered by the Probation Service and CNTW NHS Trust. It is an Intensive Intervention Risk Management Service (IIRMS), offering individualised support to those needing additional help in order to make a successful return to the community. Our people are identified as high risk, have not responded to usual forms of support, and struggle to access services / respond appropriately owing to their personality difficulties – and either have lengthy custodial sentences or a long history of violent or sexual offending. We form a team around a person to improve their ability to transition successfully into the community – with probation, occupational and psychological support workers working together to formulate a holistic picture of the presentation and personality difficulties for that person, and provide them with the tailored support they require.

Longevity

Since 2018

Benefits

Our people are able to stay out of custody, the risk they pose to others is managed in a more effective and psychologically informed way. This leads to better outcomes in terms of longevity in the community, reduction in risk posed to other people, and safer communities.

Uniqueness

We believe our model is an example of good practice. And we operate in a community setting, mainly via outreach rather than having a centre or requiring someone to attend an appointment, which means our people learn in their local community and environment outside of the confines of probation offices.

Applicability

This model does require careful thought and planning, strong partnership arrangements and a commitment to providing the care our people require, but it could be applied in, and would be relevant to, other areas, with similar benefits.

Requirements

See under applicability.

For more information:

Contact: Lucy Nicholson, Head of Newcastle OPD, <u>Lucy.Nicholson@justice.gov.uk</u>

Submitted by:

Lucy Nicholson – contacts above