

Site

HMP Liverpool

Name of project / initiative

Wellbeing Unit

Overview

Formally the seg, then a unit for prisoners on Basic, J-wing is Liverpool's 35 bed wellbeing unit. The wing houses people with a range of complex needs, including mental health issues, chronic self-harm, drug issues, and trauma.

J-wing is run as a "community" by a core team of 12 uniformed staff (CM, 2 SOs and 9 Band 3s), with support from healthcare, psychology and Occupational Therapists. Prisoners referred to the unit typically remain for around six months, with the aim to return residents to normal location, with a clear discharge plan, after that time.

Benefits

J-wing helps to stabilise some of the prison's most challenging men. The wing manager reports a significant positive impact on many of the men in the unit, helping them to turn their lives around and ultimately return to normal location to continue their sentence.

What's special about it?

The Governor believes J-wing is a particularly good and effective wellbeing unit – with its size, and the approach and skillset of the dedicated staff team, key to creating a strong sense of community, and providing residents with the time and individual support they need.

Wider applicability

The Governor believes that the many other prisons could benefit from the approach taken here and would be happy to share the prison's experience with colleagues across the estate.

For more information:

Contact: Head of Healthcare

See also: [KnowX.uk/Liverpool-RMT22\(1\).jpg](#) (image) and [KnowX.uk/Liverpool-RMT22\(2\).pdf](#) (additional information)

Submitted by:

The Governor