

Site

HMP Whatton

Name of project / initiative

Cat D survival course

Overview

At Whatton we were receiving a number of prisoners who had returned to us after they had failed to cope in open prisons – at one point as many as 60 men were returnees from Cat D. We created a programme, put together by a psychologist, in consultation with those people who had returned from Cat D prisons, to help to improve the chances of “survival” for everyone moving to a more open regime. This project has been well received and prisoners report that feel more prepared and confident about the transition to open conditions.

Longevity

Since 2018

Benefits

Better preparing people – hopefully fewer failures

Uniqueness

Developed here and unique at present

Applicability

Anywhere from which prisoners move on to Cat D

Requirements

Do require appropriately trained facilitators

For more information:

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