

## Site

HMP Stocken

## Name of project / initiative

Veterans Breakfast Club

## Overview

HMP Stocken is the first prison to hold an [Armed Forces Veterans Breakfast Club](#) (AFVBC), an international movement supporting veterans and their families. Military personnel can often find adjusting to civilian life difficult and end up in the criminal justice system. According to Lindsay Beadnall, the Equalities Lead, who set up the initiative at Stocken: : "Involvement ends isolation, giving veterans in particular, a sense of belonging, which many of them have lost once leaving their respective services." The breakfast morning, which is run monthly, has proved to be a huge success with a combination of both staff and prisoner veterans taking part alongside guests and supporters. The club runs monthly, with 20+ men attending each, alongside staff veterans – plus outside guests, speakers, veterans, serving personnel.

## Longevity

Started in late 2019 – interrupted by Covid but will launch again shortly.

## Benefits

Real benefits for the men – helps lift them, give them back self esteem, and network in to outside support that's available to veterans on release.

## Uniqueness

First official AFVBC in a prison – some wider interest already

## Applicability

This could be replicated anywhere

## Requirements

Management buy-in, but otherwise no special requirements

## For more information:

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