

Site

HMP Liverpool

Name of project / initiative

Wellbeing unit

Overview

J wing is a 36 bed unit catering for some of our most complex men, who under normal circumstances would end up either in the CSU or in Healthcare. The wing is designed as an enabling environment. We coached our staff, through reflective practice, on how to work with compassion and kindness. Each person draws up a well-being action in conjunction with the staff. There are regular therapy sessions for residents. The wing has been completely refurbished. There are fish tanks, cooking facilities, plenty of association and communal eating.

J wing was identified as good practice by HMIP, and in spite of the nature of the prisoners on the wing, it has the lowest levels of violence and vandalism in the prison.

Longevity

Opened in September 2018

Benefits

Turning people's lives around – including some especially difficult and challenging prisoners.

Uniqueness

We see J wing as an ordinary wing, it's the culture we have created which makes it special and we plan to roll out the approach across the prison.

Applicability

We believe any prison could run along these lines, not only in individual units but prison-wide.

Requirements

Few specific requirements beyond a committed workforce and SMT - it's self-sustaining (and much cheaper to run than a PIPE unit for example!)

For more information:

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