

#### Site

HMP & YOI Foston Hall

#### Name of project / initiative

ACCESS service

#### Overview

The ACCESS service is a specialist, intensive support service for residents presenting with complex needs and challenging behaviours, which are causing them significant distress and negatively impacting on their progression through their sentence. It is for residents who cannot access or are not responding to existing strategies and interventions to manage their actions, indicating the need for a higher level of support. The ACCESS team, comprising a Prison Officer, a Registered Mental Health Nurse and a Forensic Psychologist, provide a comprehensive package of care and support to the resident, over a prolonged period, taking a trauma-informed, strength-based, problem-solving approach. The team also provide guidance and support to staff in working with the resident concerned.

#### Longevity

Since 2019

#### Benefits

The service has led to significant reductions in problematic behaviours and improvements in wellbeing among the residents concerned.

#### Uniqueness

Unique to Foston Hall

#### Applicability

Could be rolled out, and would be of benefit, across the estate

#### Requirements

Funding for the staff concerned (currently the Officer is funded by the prison, with the RMN and Psychologist funded by the local health authority, and HMPPS HQ, respectively).

#### Contact (for more information)

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See also: <https://www.theknowledgeexchange.uk/wp-content/uploads/2021/07/Foston-Hall-HMPYOI-attach.pdf>

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#### Submitted by

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