

#### Site

HMYOI Feltham

#### Name of project / initiative

Airborne Initiative

#### Overview

The Airborne Initiative is a 5 day course on Dartmoor for Young People and Young Adults on ROTL. The course runs Monday-Friday, 7 times per year. It is open to all prisons, with Feltham, Cookham Wood, Brinsford, Werrington and Prescoed currently taking part. The course is demanding, but rewarding. During the course candidates will experience map reading and orienteering, caving, river crossing, adventure training, leadership and team building exercises. The programme gives participants the chance to learn and develop skills used in military life, such as leadership and working as part of a team. It helps build self-worth and gives participants a sense of achievement. The course is supported by the Parachute Regiment, with 2 serving soldiers as mentors and training support on each course. The Airborne Initiative charity fund the accommodation and specialist training. The Initiative has now linked with another charity, 3Pillars, to support the resettlement element of the programme with through the gate mentoring.

#### Longevity

Feltham have been involved since 2015

#### Benefits

Improved confidence, self discipline, communication and teamwork skills

#### Uniqueness

It's the only residential course like this

#### Applicability

Could be rolled out across the estate

#### Requirements

Would need to provide 1 staff member (2 if 5+) and transport prisoners there and back

#### For more information:

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